



Cell Worship Ideas

Cell is a superb opportunity to expand and broaden our understanding of what worship really is. Here are some suggestions and tips for keeping the worship element meaningful and varied:

- Seriously study the Bible and look at how the various people and personality types worshipped God in different ways through their life.
- Reflect on how other religions worship, consider what we can learn or how we can adapt these for true Christian worship.
- Put on a track from your favourite worship CD or a tape. Sing along or simply 'be' with God. Become aware of his Presence and his love for you.
- Read a Psalm out loud slowly. Pause at particularly significant bits. Allow people to drink in what is being said or simply to use the words of the psalm to focus on God.
- Use the breaking of bread as a focus for worship.
- Construct a simple cross. Use this focus for worship. Plain children's building blocks make a good job of this!
- Write out the name 'Jesus' in bold block capitals. Put it on the mantelpiece or some other focal point. Again allow people to meditate on the name.
- Experiment with body posture! Kneel as a sign of penitence. Stand as you wait on God.
- Read a passage of Scripture or some other devotional passage as a starting point for a time for silent worship and / or mediation.
- Encourage people to write out their most heart-felt prayers to God as a preliminary to worship.
- Get a big sheet of paper and invite people to write down words that describe God. Then begin thanking God for who He is.
- Light a candle, play some music, think about Jesus – the light of the world!
- Bring some art materials and get everyone to draw or paint something that expresses worship to God.
- Use an excerpt from the Jesus video with a music track in the background.



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- Trawl the web for more ideas on Christian worship... get members of the cell group involved in planning and suggesting various ways of worshipping God.
- Go out to a local park or place of beauty and consider God as creator.
- Go to an art gallery; be inspired by the art – what does it make you think about God?



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