



Cell Icebreaker Ideas

When running a cell group, a good way to get the group ready to engage with discussion, prayer and general chat, is to do an icebreaker. It helps everyone get to know each other and relax a bit more.

Listed are a few that have been tried and tested.

- Board Games - always good when a cell has just formed.
- Try and get everyone to stand on one piece of newspaper.
- Guessing games, (What's in the box?!)
- Get everyone in the group to link hands with someone else, so that you are all jumbled up. Without letting go of your hands, make yourself into a circle. It *is* possible!
- Get everyone to bring a photo of themselves when they were a baby. Put them in a pile and then guess who's who!
- Stick Post It's on each others backs and then go and write something encouraging about each person.
- Learn more about each other - hear 'A Day In The Life' of someone in your group.
- Eat together.
- 'People might be surprised to learn that I...' - people are asked to make the statements.
- Write down the most embarrassing thing you've done. Read out all the answers, if permitted!
- Get everyone to write their names on the top of a piece of paper. Pass the papers round and get everyone to write something encouraging about that person.
- Share a highlight from the week you've just had.
- Ask: Where did you live between the ages of 7 - 10?
 - What was your favourite item of clothing during this period?
 - What colour was the kitchen floor during this period?



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- Ask: If you were a car, what sort would you be and why?
- If you could visit anywhere in the world, where would you visit?
- If you could swap roles with someone for a day, who would you choose?
- Play a word association game.
- Ask everyone to put an object / item into the middle of the floor that best describes their life right now.
- Describe what your perfect day would be.
- If you had an all-expenses paid trip to anywhere in the world, where would you go and why?

